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# Dr. Khalsa's Natural Dog: Holistic Therapies, Nutrition, And Recipes For Healthier Dogs





### Synopsis

A pioneer in holistic veterinary medicine, Dr. Deva Khalsa shares her effective, integrative approach to natural health and healing for dogs in this invaluable book. Expanded and updated, Dr. Khalsaâ <sup>™</sup>s Natural Dog, in its second edition, presents an inspired way for dog owners to design a diet specifically for their dogâ ™s needs, lifestyle, age, and health. Developed over decades of practice and study, Dr. Khalsaâ <sup>™</sup>s methods combine traditional veterinary medicine, wholesome nutrition, and holistic therapies, such as alternative methods, herbal remedies, and botanical medicine. In the new edition, Dr. Khalsa will present the latest research on such important issues as avoiding and treating cancer, chronic gastrointestinal problems, allergy elimination, and effective holistic treatments for ten common problems. In the Foreword, Dr. Marty Goldstein, a colleague of the author for over four decades, says that Dr. Khalsa "knows, feels, and practices healing, patient by patient…[and] this book… " is nothing more than a mirror of the incredible spiritual energy of a true healer.â • By using the simple methods and concepts put forth in Dr. Khalsaâ ™s Natural Dog, dog owners can effect positive, life-changing improvements for their beloved four-legged companions.INSIDE DR. KHALSAâ <sup>™</sup>S NATURAL DOGOver 100 original, wholesome recipes, including new grain-free and allergy free recipesA modern primer on canine nutrition and how to feed dogs for optimal healthThe secrets of herbal supplementation and the use of vitamins and mineralsHolistic strategies for dogs with special needs, including allergies, heart and kidney diseases, obesity, and diabetesExpanded, updated chapter on preventing, managing, and treating canine cancerPRAISE FOR THE FIRST EDITION"Dr. Khalsa has provided an invaluable book to help keep dogs well and to enable them to recover from a variety of health problems. Her holistically integrative approach … is a welcome contribution … for the good dogs around the world.â •Dr. Michael W. Fox, syndicated veterinary columnist"Natural Dog is the most comprehensive book on holistic dog care for the twenty-first century â •Joanne Stefanos, DVM, author of Animals and Man" This book is a lively informative read for all those devoted to their canine companions!â •W. Jean Dodds, DVM, world-famous veterinary hematologist

## **Book Information**

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#### **Customer Reviews**

This is the most comprehensive self-help book for dog owners and their dogs that I have ever read. The first edition was considered the 'Bible for dog owners' but this second edition just has even more. There is even a section that tells you how to handle simple, common doggy problems with easy to get products that I have used three times for my dogs since I bought the book. Using the book, each problem resolved fast. My dog has chronic ear infections which were explained in the A to Z Fix it section and-literally for the first time in a long time- my dog's ears are totally good. Saved me some bucks in veterinary bills too. I used to show up to have her ears treated every 2 months or so. Dr. Khalsa explains things so well. Now I really know what I'm doing with my dogs. So I'm over the top. There's a lot of incredibly helpful and useful information in it.And at the end there are tons of great recipes. My dogs never looked so good!

I absolutely loved the first edition of Dr. Khalsa's book so I sprung for it and bought the 2nd edition. First of all, the book is physically bigger (which is nice because with 4 dogs I open it and look for information often) and has a lot more information than the first book. There is every kind of recipe with many diet choices: gluten-free, wheat-free and raw diet. I understood so much more about holistic health after I read the first edition and made wiser choices for my pets health (actually saving money on health care and winding up with much healthier dogs). But now, with the A to Z Fix it section in the 2nd edition I have at my fingertips solid, workable advice along with clear explanations for all kinds of common medical ailments. This is a must have book for every dog owner that is interested in holistic health for their best friends!

She's the Best Holistic Veterinarian in the World! I highly recommend her books! She saved my BJ's life who had allergies so bad & her skin was so raw for years all over her body and I thank God she came into our life and figured out what was causing BJ's allergies and healed her in no time. Read her books! Very informative and helpful and she's available for consults. She loves Animals and

This is truly a one-stop shop for all holistic pet owner health-care knowledge. It's well written for the layman, easy to understand, and the subjects and table of contents make it super easy to flip right to the problem or issue your dog is experiencing. I have 3-4 other holistic dog care books, but this is my favorite so far. It's more current than my older books, and covers everything in one book that I used to have to look up in 2-3 different books. I'm so very glad I found it!

This is an outstanding book and has excellent advice on a holistic approach to treating conditions for our dogs. One example is how to treat diarrhea. Also, great recommendations on different herbs that we can plant that will help our dogs maintain their health.

Dr. Khalsa is a Holistic Veterinarian whom Iwatched on you tube originally and when I found out she had a book out, I immediately began to search for where to buy that book, (I always check the local library first to see what the quality of the book is like) of course had the best deal. I have not been disappointed.

As always lots of great information but I found too much sugar in the recipes....

just recently started researching dog food ingredients and what I found out really scared me. This book has helped me concoct a much healthier diet for my dogs.

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